

## **NATIONAL MENTORING RESOLUTION**

**WHEREAS**, January 2021 will mark the 19th anniversary of National Mentoring Month, an annual campaign to focus attention on the need for mentors, as well as how each of us can work together to increase the number of mentors to help ensure positive outcomes for our young people; and

**WHEREAS**, the Town of Carrboro honors volunteer mentors who support young people by showing up for them and demonstrating their commitment to helping them thrive; and

**WHEREAS**, mentoring programs such as MENTOR North Carolina and Blue Ribbon Mentor Advocate make our communities and our state stronger by driving meaningful relationships that increase social capital for young people and provide invaluable support networks; and

**WHEREAS**, during the COVID-19 pandemic, mentoring programs have stepped up to fill gaps for young people and families, connecting them with resources and ensuring that mentoring relationships continue virtually to ensure social connection despite physical distancing; and

**WHEREAS**, mentoring plays a pivotal role in career exploration and supports workplace skills by helping young people set career goals, equipping mentors with the skills needed to support the professional growth of young people, and driving positive outcomes for young people and businesses; and

**WHEREAS**, quality mentoring promotes healthy relationships and communication, self-esteem, emotional growth and well-being for young people; and

**WHEREAS**, students who meet regularly with their mentors are more than 52 percent less likely than their peers to skip a day of school, and youth who face an opportunity gap and have a mentor are 55 percent more likely to be enrolled in college than those who without a mentor; and

**WHEREAS**, youth who meet regularly with their mentors are 46 percent less likely than their peers to start using drugs and 27 percent less likely to start drinking; and

**WHEREAS**, almost half of adults today report having a mentor in their youth and those rates appear to have been rising steadily over the past several decades, and

**WHEREAS**, National Mentoring Month is the time of year to celebrate and promote mentors, mentees and the mentoring movement.

**NOW, THEREFORE, BE IT RESOLVED**, that the Carrboro Town Council does hereby proclaim January 2021 as National Mentoring Month in the Town of Carrboro, and encourages members of the community to elevate and encourage mentoring throughout our town, county, state, and nation for the sake of our younger generations and the future.