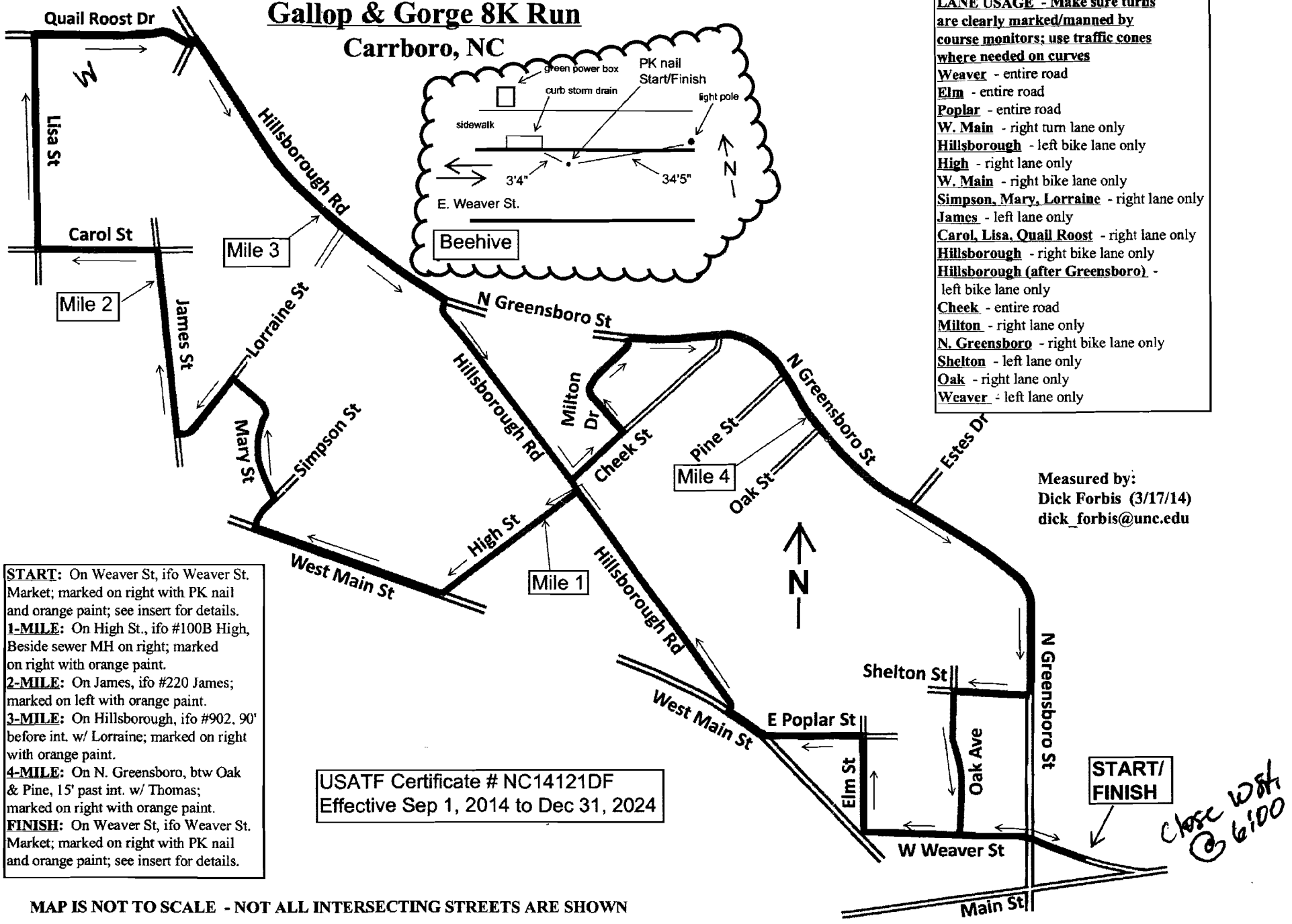
# Gallop & Gorge 8K Run

## Carrboro, NC




**LANE USAGE - Make sure turns are clearly marked/manned by course monitors; use traffic cones where needed on curves**

- **Weaver** - entire road
- **Elm** - entire road
- **Poplar** - entire road
- **W. Main** - right turn lane only
- **Hillsborough** - left bike lane only
- **High** - right lane only
- **W. Main** - right bike lane only
- **Simpson, Mary, Lorraine** - right lane only
- **James** - left lane only
- **Carol, Lisa, Quail Roost** - right lane only
- **Hillsborough** - right bike lane only
- **Hillsborough (after Greensboro)** - left bike lane only
- **Cheek** - entire road
- **Milton** - right lane only
- **N. Greensboro** - right bike lane only
- **Shelton** - left lane only
- **Oak** - right lane only
- **Weaver** - left lane only

**Measured by:**
**Dick Forbis (3/17/14)**
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**START:** On Weaver St, ifo Weaver St. Market; marked on right with PK nail and orange paint; see insert for details.
**1-MILE:** On High St., ifo #100B High, Beside sewer MH on right; marked on right with orange paint.
**2-MILE:** On James, ifo #220 James; marked on left with orange paint.
**3-MILE:** On Hillsborough, ifo #902, 90' before int. w/ Lorraine; marked on right with orange paint.
**4-MILE:** On N. Greensboro, btw Oak & Pine, 15' past int. w/ Thomas; marked on right with orange paint.
**FINISH:** On Weaver St, ifo Weaver St. Market; marked on right with PK nail and orange paint; see insert for details.

USATF Certificate # NC14121DF
Effective Sep 1, 2014 to Dec 31, 2024

Close WSt @ 6:00

**MAP IS NOT TO SCALE - NOT ALL INTERSECTING STREETS ARE SHOWN**